

# SOCIAL CARE & HEALTH SCRUTINY COMMITTEE

DATE: 17<sup>TH</sup> APRIL, 2019

## SUBJECT :

### SERVICES AND SUPPORT FOR CHILDREN AND YOUNG PEOPLE WITH MENTAL HEALTH ISSUES

#### Purpose:

This report provides an overview of the range of services currently available for young people with emotional and mental health issues and outlines future plans to improve the coordination of services and support.

#### To consider and comment on the following issues:

- The current services that support children and young people who are experiencing mental ill-health issues.
- The plan to develop a multi strategy and delivery plan focussing on prevention and early intervention.

#### Reasons:

#### For the committee's Information

To be referred to the Executive Board / Council for decision: NO

#### EXECUTIVE BOARD MEMBER PORTFOLIO HOLDER:-

Cllr. J. Tremlett (Social Care & Health Portfolio Holder)

#### Directorate

#### Communities

#### Name of Head of Service:

Avril Bracey

#### Report Author:

Avril Bracey

#### Designations:

Head of Mental Health & Learning Disabilities

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## SERVICES AND SUPPORT FOR CHILDREN AND YOUNG PEOPLE WITH MENTAL HEALTH ISSUES

This report provides an insight into many of the existing services across the Council and from partner organisations, this list is not exhaustive and there are many other third sector services that offer support and advice to young people experiencing distress.

What has been evident whilst gathering information for this report is the critical role of early intervention for children and young people who are experiencing emotional difficulties. Furthermore, organisations and services need to work together to ensure that there is a collaborative approach to prevention and early intervention.

Addressing these issues is directly linked to the goals in the Wellbeing of Future Generations Act 2015 and the Social Services and Wellbeing (Wales) Act 2014, namely early intervention and prevention, integration, collaboration, involving people and long term planning.

Early intervention can prevent more serious mental ill health in later life and addressing problems early can have a positive effect on the social and educational attainment of young people. It can also give us the opportunity to intervene and prevent further issues developing or continuing into adulthood.

We have set up a multi -agency forum to develop a strategy and delivery plan to address mental health and wellbeing issues in children and young people. Initially we are focussing on what is already in existence to support young people and to identify the gaps. This task will commence with a stakeholder workshop in the summer term which will inform the priorities in our delivery plan.

It is suggested that a further report is presented to Scrutiny at the end of the year to provide an update on this very important area of work.

DETAILED REPORT ATTACHED ?	YES
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## IMPLICATIONS

I confirm that other than those implications which have been agreed with the appropriate Directors / Heads of Service and are referred to in detail below, there are no other implications associated with this report :

Signed: Avril Bracey

Head of Mental Health & Learning Disabilities

Policy, Crime & Disorder and Equalities	Legal	Finance	ICT	Risk Management Issues	Staffing Implications	Physical Assets
NONE	NONE	NONE	NONE	NONE	NONE	NONE

## CONSULTATIONS

I confirm that the appropriate consultations have taken in place and the outcomes are as detailed below

Signed: Avril Bracey

Head of Mental Health & Learning Disabilities

### 1. Local Member(s)

None

### 2. Community / Town Council

None

### 3. Relevant Partners

Hywel Dda University Health Board

Child and Adolescent Mental Health service (CAMHS Service)

Education and Children's Service Department

### 4. Staff Side Representatives and other Organisations

None

**Section 100D Local Government Act, 1972 – Access to Information**  
**List of Background Papers used in the preparation of this report:**

**THESE ARE DETAILED BELOW**

<b>Title of Document</b>	<b>File Ref No.</b>	<b>Locations that the papers are available for public inspection</b>
Mind Over Matter Report (2018)		<a href="https://www.assembly.wales/laid%20documents/cr-ld11522/cr-ld11522-e.pdf">https://www.assembly.wales/laid%20documents/cr-ld11522/cr-ld11522-e.pdf</a>
The Children's Commissioner's 2015-16 Annual Report		<a href="https://www.childcomwales.org.uk/wp-content/uploads/2017/10/A-Year-of-Change-CCFW-Annual-Report.pdf">https://www.childcomwales.org.uk/wp-content/uploads/2017/10/A-Year-of-Change-CCFW-Annual-Report.pdf</a>
Talk to Me 2 Strategy		<a href="https://gweddill.gov.wales/docs/dhss/publications/150716strategyen.pdf">https://gweddill.gov.wales/docs/dhss/publications/150716strategyen.pdf</a>
Wellbeing of Future Generations Act 2015		<a href="http://www.legislation.gov.uk/anaw/2015/2/contents/enacted">http://www.legislation.gov.uk/anaw/2015/2/contents/enacted</a>
Social Services and Wellbeing (Wales) Act 2014		<a href="https://www.legislation.gov.uk/anaw/2014/4/contents">https://www.legislation.gov.uk/anaw/2014/4/contents</a>
NHS <i>Together for Children and Young People Programme</i>		<a href="http://www.wales.nhs.uk/documents/framework%20for%20action.pdf">http://www.wales.nhs.uk/documents/framework%20for%20action.pdf</a>
The curriculum review programme <i>Successful Futures</i>		<a href="https://gov.wales/sites/default/files/publications/2018-03/successful-futures-a-summary-of-professor-graham-donaldsons-report.pdf">https://gov.wales/sites/default/files/publications/2018-03/successful-futures-a-summary-of-professor-graham-donaldsons-report.pdf</a>